



CURRICULUM VITAE

Dr. B. Sunil S. De Silva

RESIDENCE

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OFFICE

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EDUCATION

2016 – 2020	PhD in Nursing, College of Nursing, University of New Mexico, USA.
2009 – 2010	Certificate of Teaching in Higher Education Staff Development Course for Probationary Lecturers University of Kelaniya, Sri Lanka.
2007 - 2009	Master of Nursing by Research (02 Years full time) Australian Catholic University, Australia.
2004 - 2005	Diploma in Psychological Counseling, National Institute of Social Development, Colombo - Ministry of Social Services and Welfare, Sri Lanka
2002 - 2003	Certificate Course in Psychiatric Nursing, School of Nursing in Mullariyawa - Ministry of Health, Sri Lanka
2003 - 2004	Diploma in Management & Supervision, Post Basic School of Nursing in Colombo - Ministry of Health, Sri Lanka
1999 - 2002	Bachelor of Science in Nursing (2 nd Class Upper Division) The Open University of Sri Lanka

- 1992 - 1996 Diploma in Nursing (03 Years),
School of Nursing in Colombo – Ministry of Health, Sri Lanka
- 1984 - 1990 Secondary education up to Advanced Level
Mahanama College, Colombo 03, Sri Lanka

ACADEMIC/PROFESSIONAL EMPLOYMENT

- 2017 (Feb) – Up to date **Senior Lecturer in Nursing – Grade 1,**
Department of Nursing,
Faculty of Health Sciences,
The Open University of Sri Lanka,
- 2015 – 2018 (July) **Head of the Department / Senior Lecturer in Nursing.**
Department of Medical Laboratory Sciences,
Faculty of Health Sciences,
The Open University of Sri Lanka,
- 2012 - 2015 **Head of the Department / Senior Lecturer in Health Sciences,**
Department of Health Sciences, Faculty of Natural Sciences,
The Open University of Sri Lanka,
- 2011 – 2017 **Senior Lecturer in Nursing – Grade 11,**
Department of Health Sciences/Nursing,
Faculty of Natural Sciences/Health Sciences,
The Open University of Sri Lanka,
- 2006 - 2011 **Lecturer (Probationary) in Health Sciences,**
Department of Health Sciences,
The Open University of Sri Lanka,
- 2007 - 2009 Aged Care experiences in MEWS Aged Care Facility at
Camberwell in Melbourne, Australia.
- 2004 - 2006 **Nurse Manager (Ward Master),**
Genitor-Urinary Unit 1 - National Hospital of Sri Lanka
- 1996 - 2002 **Registered Nurse (RN),**
Cardiology, Neurosurgery Units - National Hospital of Sri Lanka

HONORS AND AWARDS

- 2004 **Kandage Gunaseeli Somathunge Memorial Award**
Awarded for the Best Student out of 315 students of Diploma in Management & Supervision Program 2003/2004 at Post Basic School of Nursing in Colombo - Ministry of Health, Sri Lanka

- 2007 **Post Graduate Study Award**
Asian Development Bank grants for a Scholarship for Post Graduate studies in **Australia** for two years.
- 2009 **Linnaeus-Palme International Exchange Programme – Teacher exchange award**
One Month Mobility to Kristianstad University in **Sweden** as an Academic member to represent the Department of Health Sciences, the Open University of Sri Lanka.
- 2014 **ERASMUS MUNDUS Action 2 scholarship through the PANACEA project**
Scholarship: As an exchange teacher under the Erasmus Mundus Panacea Project - Academic Staff Exchange Programme for the University of Turku, **Finland**, for the period of 04th February to 04th March 2014 (One Month)
- 2016 **Hearst Scholarship 2015 -2016**
The one-time award, \$10000 for the academic year 2015 -2016 to continue PhD studies at College of Nursing, University of New Mexico, USA.
- 2017 **Funded Invitation for 6th Building the Collaborative Research Platform and Professional Training Workshop for Cancer Treatment, Hospice/Palliative Care and Bioethics in Southeast Asian Countries at National Taiwan University, Taipei, Taiwan from 09th October to 16th October 2017.**

Lecture discussion on palliative care in Sri Lanka and South Asian Region.
Lecture on qualitative research in cancer pain management.
- 2019 **Traveling Scholarship 2019 - International Association for Hospice and Palliative Care (IAHPC) - USA**
Received a competitive Traveling Scholarship/Grant to attend the Oceanic Palliative Care Conference 2019 in Perth, Australia from IAPHPC in the USA.

PROFESSIONAL AFFILIATIONS AND SERVICES _____

Ad-hoc Reviewer

Review Extended Abstracts in the field of Health Sciences every year for the Annual Academic Sessions, the Open University of Sri Lanka.

Review Abstracts for the sessions of the Industrial Technology Institute (ITI).

Review Abstracts for First Biannual Academic Sessions, Graduate Nurses Foundation of Sri Lanka, held on 17th February 2018.

Review Abstracts for International Scientific Session on Nursing Research, KAATSU International University, held on 11th May 2018.

Review Abstracts for 11th International Research Conference, General Sir John Kotelawala Defense University, 2018.

Review Abstracts for the Nursing Research Symposium 2019, Colombo South Teaching Hospital 2019.

Review full papers for OUSL Journal and the Journal of Patient Experience of Sage publishers that indexed in PubMed Central (PMC), Clarivate Analytics: Emerging Sources Citation Index (ESCI), and ProQuest

Review Abstracts for Proceedings of the Research Conference in Health Sciences 2021 - Faculty of Allied Health Sciences, University of Sri Jayewardenepura, Sri Lanka. 31st March 2021.

Professional Organization Member

Life Member of the Sri Lanka Association for the Advancement of Science (SLAAS)

President of the Graduate Nurses Foundation (GNF) in Sri Lanka from 2010 to 2012.

Member of Sri Lanka Nurses Association from 2000 (ICN Member)

Member of the Organization of Professional Association (OPA)

Member of the International Association for Hospice and Palliative Care (IAHPC)

Member of the Asia Pacific Hospice Palliative Care Network (APHN)

Member of the Sigma Theta Tau International Honor Society of Nursing, USA.

Committee Member

Executive Committee member of the Graduate Nurses Foundation in Sri Lanka from 2002 to up to date.

Executive Committee member of Organization of Professional Association (OPA) in Sri Lanka 2006 - 2012

A member of the Working Committee on Health Sciences in the National Science Foundation (NSF) from 2013 – 2015.

FUNCTIONS AND RESPONSIBILITIES OF THE UNIVERSITY

Head / Senior Lecturer in Nursing, Department of Medical Laboratory Sciences, The Open University of Sri Lanka from 2015 – 2018.

Head / Senior Lecturer in Health Sciences, Department of Health Sciences, the Open University of Sri Lanka from 2012 – 2015.

Contribute to the launch short course on Home-Based Care for the Elderly in 2012.

Contribute to established two-degree programs namely Bachelor of Pharmacy and Bachelor of Medical Laboratory Sciences in 2013 under the Department of Health Sciences.

Contribute to establishing the 05th Faculty of the Open University 'the Faculty of Health Sciences' in 2015. Made and presented a proposal to UGC to establish the Faculty of Health Sciences.

Acting as Head of the Department, Department of Pharmacy, the Open University of Sri Lanka from 21st June 2016 to 26th June 2016, 05th April 2017 to 09th April 2017 and 06th December 2017 to 21st December 2017.

Member of Faculty Board, Faculty of Health Sciences, the Open University of Sri Lanka from 2015 – Present.

Member of Faculty Board, Faculty of Natural Sciences, the Open University of Sri Lanka from 2011 – 2015

Member of the Senate, the Open University of Sri Lanka from 2012 – 2018.

Member of the Senate Sub-committee on Eligibility Issues – to implement technical and operational issues, the Open University of Sri Lanka from 2014 – 2015

Member of the Senate Sub-committee on OUSL International to examine the background and prepare the structure for OUSL International and report to the Senate, the Open University of Sri Lanka from 2014 – 2015

Member of the Senate Sub-committee for the development of policy document for foreign PhD candidate seeking affiliation with OUSL and report to the Senate, the Open University of Sri Lanka on 2015

Member of Faculty Research Committee, Faculty of Natural Sciences, the Open University of Sri Lanka from 2012 – 2015

Member of Academic Advisory Committee, Faculty of Natural Sciences, the Open University of Sri Lanka from 2012 – 2015

Member of the University Selection Committees related to the Health Sciences for recruitments and promotions from 2012 – Present

Student Counsellor, Faculty of Health Sciences, the Open University of Sri Lanka from 2015.

Member/ Faculty representative of the Board of Management to the International Relations Unit (IRU), the Open University of Sri Lanka from 2015 – Present.

Member/ Faculty representative of the Operations Committee, the Open University of Sri Lanka from 2016 – Present.

Member of the Technical Evolution Committees related to the Department of Medical Laboratory Sciences to scrutinize, recommend and evaluate the bids to purchase laboratory equipment, lab furniture, and consumables.

Member of the team appointed by the Senate to develop a proposal to enhance higher education opportunities at the Open University of Sri Lanka in 2017.

Member of the Senate Sub-committee to revise the guidelines for the OUSL Research Awards and the evaluation of research papers for the Research Awards 2016.

Contributions to other Universities

Participated as an External Examiner of the BSc in Nursing Programme, Department of Allied Health Sciences, Faculty of Medicine, the University of Sri Jayewardenepura from time to time from 2009.

Member of the Subject Review Panel for Degree Awarding Status for B.Sc. Degree in Nursing – South Asian Institute of Technology and Medicine (SAITM) – Appointed by Secretary, the Ministry of Higher Education in 2014.

Member of the Subject Review Panel for Degree Awarding Status for M.Sc. and MPhil Degrees in Nursing – Katsu International University (KIU) – Appointed by Secretary, the Ministry of Higher Education in 2014.

Participated as a resource person for the Curriculum Revision Workshop of B.Sc. in Nursing Programme, Unit of Allied Health Sciences, Faculty of Medicine, the University of Jaffna on 10th and 11th of June 2015.

Member of the Subject Review Panel for Degree Awarding Status for B.Sc. Degree in Nursing – National School of Business Management Ltd (NSBM) – Appointed by Secretary, the Ministry of Education in 2020.

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES AND INVITED BOOK CHAPTERS

Williams, J. E., Chandler, A., Ranwala, R., **De Silva, B. S. S.**, & Amarasinghe, I. (2001). Establishing a Cancer Pain Clinic in a Developing Country: Effect of a collaborative link project with a U.K. cancer pain centre. *Journal of Pain and Symptom Management*, 22(4), 872-878.

Goonewardena, S. A. S., Nissanka, A. D. N. M., Kumari, M. I. P., & **De Silva, B. S. S.** (2006). Upper urinary tract stones: a case-control study of fluid intake in first-time stone formers. *The Sri Lanka Journal of Urology*, 7(1), 14-18.

De Silva, B. S. S. (2008). An ethnography study of nurses' cancer pain management in Sri Lanka (Dissertation, Australian Catholic University)

- De Silva, B. S. S., & Rolls, C.** (2010). Health care system and nursing in Sri Lanka: An ethnography study. *Nursing and Health Sciences*, 12, 33-38.
- De Silva, B. S. S., & Malkanthi K. P.** (2010) *Mental Health*. Sri Lanka: The Open University Press.
- De Silva, B. S. S., & Rolls, C.** (2011). Attitudes, beliefs and practices of Sri Lankan nurses toward cancer pain management: An ethnographic study. *Nursing and Health Sciences*, 13: 419–424.
- Dilusha, K. H. G. N., Tharanga, H. A. P., De Silva, K. P. N. S. & **De Silva, B. S. S.** (2015) Protective Techniques Followed by Nurses to Prevent X-ray Exposure during Fluoroscopic Guided Surgeries. *OUSL Journal*, 08, 85-100.
- Marasinghe, M. S. P., Fonseka, W. I. T., Wanishri, P. C., Nissanka, N. K. S. M., & **De Silva, B. S. S.** (2015). An Exploration of Patients' Experiences of Mechanical Ventilation. *OUSL Journal*, 9. 83-96.
- Rathnayaka, S. S., Sajeewani, W. K. N., Piyawardhana, H. A. S., Nissanka, N. K. S. M., & **De Silva, B. S. S.** (2016). Life with Lost Voice: An Exploration of the Experiences of Patients with Total Laryngectomy. *OUSL Journal*, 11, 79-92.
- Samarasiri, D. G. C. N., Rajanayake, I. T., Wattegedara, P. K., Kodituwakku, R. D., Senadheera, A. S. P. L., & **De Silva, B. S. S.** (2017). Women's Experiences on Menopause: A Phenomenological Study. *OUSL Journal*, 12(2), 43-62.
- Rathnayake, R. M. C. M., Hayale, H. M. G. P., Tharanga, K. V. N., Herath, H. M. S. P., **De Silva, B. S. S.**, (2018). Perceived factors related to delayed presentation of breast cancer among women with stage III and IV breast cancer in Sri Lanka. *OUSL Journal*, 13(2), 65-79. DOI: <http://doi.org/10.4038/ouslj.v13i2.7440>.
- De Silva, B. S. S., & Marikar, F. M.** (2020). Deep Understanding about Strategies for Self-resilience of Newly Appointed Nurses; Qualitative Approach. *International Journal of Nursing Education*, 12(4), 27.
- Kumara, G. M. M., Hindagoda, H. M. P., Indika, M. S., **De Silva, B. S. S.**, & Marikar, F. M. M. T. (2020). Nurses' Knowledge, Attitudes, and Practices Regarding Postoperative Pain Management in Sri Lanka. *Philippine Journal of Nursing*, 90(1), 68 - 75.

CONFERENCE PRESENTATIONS

- De Silva, B. S. S., & Rolls, C.** (2008). Nurses' cancer pain management practices. The Victorian and Tasmanian Deans of Nursing and Midwifery Conference: RMIT University, Melbourne, VIC, Australia.
- De Silva, B. S. S., & Rolls, C.** (2010). An exploration of nurses' cancer pain management in Sri Lanka: An ethnography study. Annual Academic Sessions, the Open University of Sri Lanka.

- De Silva, B. S. S., & Rolls, C.** (2011). Nurse in Sri Lanka: Cancer nurses' perspective. Annual Academic Sessions, the Open University of Sri Lanka.
- Udayanthi. G.K., **De Silva, B. S. S.** & H. K. D. H. N. Perera (2012). The factors influencing miscarriage: Mothers' perspective. Annual Academic Sessions, the Open University of Sri Lanka. Pp 133 – 135, ISSN 2012-9912.
- Mullevithane, A. K., **De Silva, B. S. S.,** & Madhavi, A.V.P., (2012). Nurses knowledge, attitudes and practices regarding pediatric postoperative pain management. Annual Academic Session, The Open University of Sri Lanka. Pp 128 – 132, ISSN 2012-9912.
- Kandauda, C. K., **De Silva, B. S. S.,** & Yapa, H. E., (2013). Knowledge and attitudes among nurses related to professional nurses' associations in Sri Lanka, Annual Academic Sessions, 2013 Proceedings. The Open University of Sri Lanka. Pp1219-1222. ISSN 2012-9912.
- Wijesundara, W. M. S. K., Gunathilaka, K. P. P. C., Senawirathna, H. M. S., & **De Silva, B. S. S.,** Wijesekara, G. G. W. C (2013). Factors influencing for low birth weight among babies born in the Teaching Hospital, Anuradhapura: A preliminary study, Annual Academic Sessions, 2013 Proceedings. The Open University of Sri Lanka. Pp189-191. ISSN 2012-9912.
- Gunarathna, G. V. S. C., Ekanayake, E. M. N. K., Herath, H. M. L. S., **De Silva, B.S.S.,** & Wickramasinghe, N.K.R.D., (2013). A Study of animal bites among children in Lady Ridgeway Hospital, Annual Academic Sessions 2013 Proceedings. The Open University of Sri Lanka. Pp1206-1209. ISSN 2012-9912.
- Deepika, B. W., Prasangika, R. M. S. K., Wickramasinghe, K. G. N., **De Siva, B. S. S.,** & Dissanayake, D. P. D. S. (2013). Effect of Pethidine during the labor process: Mothers' perspective, Annual Academic Sessions, 2013 Proceedings. The Open University of Sri Lanka. Pp1215-1217. ISSN 2012-9912.
- Priyanka H. H. D. L., Gunasekara W. A. T. P., Nissanka N. K. S. M., & **De Silva, B. S. S.,** (2013). A Preliminary study on causes and risk factors related to accidents among a selected group of children, Annual Academic Sessions - 2013 Proceedings. The Open University of Sri Lanka. Pp180-187. ISSN 2012-9912.
- Hungampola, O. G. P. R. C. L., Samarakoon, S. M. C, Perera, D. A. C. D., Perera, H. A. M. S., **De Silva, B. S. S.,** & Buddhika, R. B. G., (2013). Factors influencing gastritis: A preliminary study for assessment of knowledge, attitudes, and practices among patients with gastritis, Annual Academic Sessions - 2013 Proceedings. The Open University of Sri Lanka. Pp1229-1236. ISSN 2012-9912.
- Randeni, R. M. H., Wanniachchi, S. S. K., Bisomanike, S. H. M., Wijesekra, G. G. W. C. & **De Silva, B. S. S.** (2014). The need for a Community Health Nurse: A community perspective. Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp117 -120. ISSN 2012-9912.

- Wijayalath, W. A. V. L., Weerasinghe, L. P. S. P., Adikari, A. M. I. B., Nirmalie, M. I., & **De Silva, B. S. S.** (2014). Impact of maternal Body Mass Index and maternal weight gain of infant birth weight. Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp121 -124. ISSN 2012-9912.
- Peiris, K. S. K., Rangika, H. V. L. Siriwardena, G. M. N. K. Buddhika, R. B. J. & **De Silva, B. S. S.** (2014). Use of contraceptives among mothers during the first year after their first delivery. Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp125-138. ISSN 2012-9912.
- Marasinghe, M. S. P., Fonseka, W. I. T., Wanishri, P. C., Nissanka, N. K. S. M. & **De Silva, B. S. S.** (2014). Patients' experiences of mechanical ventilation. Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp132 -136. ISSN 2012-9912.
- Manoji K. A. N. D., Dharmapala, W. A. P. L. L., Edirisinghe, W. T. T., De Alwis E. A. R. T. & **De Silva, B. S. S.** (2014). Knowledge, attitudes and practices related to rabies among patients with animal bites. Annual Academic Sessions - 2014 Proceedings. 27-28 Nov. 2014. The Open University of Sri Lanka. Pp159-162. ISSN 2012-9912.
- Samarasekara, L. A. A. R., Kulathunga, G. W. I. N., Nelumdeniya, N. R. M. & **De Silva, B. S. S.** (2014). Quality of life of a patient with glaucoma. Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp163-166. ISSN 2012-9912.
- Probodika, B. A. D., Kumari, I. T. V., Weragoda, R. S., & **De Silva, B. S. S.** (2014). Ventilator associate pneumonia: Nurses' perspective. Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp181 - 184. ISSN 2012-9912.
- Kurera M. H. G. V., Gamage, T. M. M., Wimalasiri, B. M. C. R. & **De Silva, B. S. S.** (2014). Influencing factors for cataracts in Western and Southern Provinces of Sri Lanka, Annual Academic Sessions - 2014 Proceedings, 27-28 November 2014. The Open University of Sri Lanka. Pp204 -207. ISSN 2012-9912.
- Herathmenike, U. H. M. N. K., Kulasekara, K. M. P., Kumari, N. M. H. G. A. N., Wimalasiri, B. M. C. R. & **De Silva, B. S. S.** (2015). Nurses' knowledge, attitudes and practices in venous blood collection of pediatric Patients, 08th International Research Conference - 2015 Proceedings, 27-28 August 2015. General Sir John Kothalawala Defense University, Sri Lanka. Pp 210. ISBN 978-955-0301-15-7.
- Dilusha, K. H. G. N., Tharanga, H. A. P., De Silva, K. P. N. S., Liyanage, N., & **De Silva, B. S. S.** (2015). Safety techniques used by nurses to prevent X-Ray exposure during fluoroscopic guided surgeries. Annual Academic Sessions -2015 Proceedings, 19-20 November 2015. The Open University of Sri Lanka. Pp 143-146. ISSN 2012-9912.

- Rathnayaka, S. S., Sajeewani, W. K. N., Priyawardhana, H. A. S., Nissanka, N. K. S. M. N., & **De Silva, B. S. S.** (2015). An exploration of the experiences of patients with laryngectomy, Annual Academic Sessions-2015. The Open University of Sri Lanka. Pp147-150. ISSN 2012-9912.
- Nadeeka, P. G., Edirisinghe, W. S. U., Sandamali, W. L. P., Wijesekara, G. G. W. C., & **De Silva, B. S. S.** (2015). Factors associated with formula feeding during the period of exclusive breast feeding. Annual Academic Sessions-2015 Proceedings, 19-20 November 2015. The Open University of Sri Lanka. Pp 171-174. ISSN 2012-9912.
- Hewabatage, P. N., Gunawardhana, L. K. M. P., Gunarathna M. K. N. S., Bandara, E. M. S., & **De Silva, B. S. S.** (2016). Reasons for primary sub-fertility among couples attending sub-fertility clinics at two Government Hospitals. 14th Open University Research Sessions 2016, 75.
- Rathnayake, C. M., Halyale, M. G., Tharanga, N., Herath, S. P., & **De Silva B. S. S.** (2017). Factors related to the late presentation of breast cancer among Sri Lankan women. 12th Asia Pacific Hospice Conference; Singapore 2017, 1872.
- Ekanayake, E. M. J. K. B., Jayasinghe, R. S., Jayasundara, N. T., Thakshila, G. S. M., Senadheera, A.S.P.L. & **De Silva, B. S. S.** (2017). Patients' experiences on end-stage renal disease: A qualitative study. National Research Forum 2017, Taiwan.
- Abeyasinghe, R. U. S. L., Kaluthanthri, K. D. N. D. Nanayakkara., J. A. G. D. S. C., Senadheera, A. S. P. L. & **De Silva, B. S. S.** (2017). Primi mothers' experiences in normal vaginal delivery in the labor room. National Health Research Symposium 2017, Ministry of Health, Nutrition and Indigenous Medicine.
- De Silva, B. S. S.**, Dissanayaka, D. M. T. M. & Amaradasa, Y. S. (2017). A study to identify associated factors of anemia under five years children from the mothers' perspective. National Health Research Symposium 2017, Ministry of Health, Nutrition and Indigenous Medicine.
- Wijayasundara, W. M. S. K., Gunathilake, K. P. P. C., Senavirathne, H. M. S., & **De Silva, B. S. S.** (2017). Prevalence of selected preventable contributory factors for low birth weight among mothers of low birth weight babies born in Teaching Hospital, Anuradapura. National Health Research Symposium 2017, Ministry of Health, Nutrition and Indigenous Medicine.
- Ariyaratne., S. S., De Silva, H. D. W., Hettiarachchi, D. R., Gunawardana, K. W. S., Hewabatage, P. N., & **De Silva, B. S. S.** (2017). Work-related barriers for University education: Special reference to undergraduate nurses. National Health Research Symposium 2017, Ministry of Health, Nutrition and Indigenous Medicine.
- Ranasinghe, R. A. D. M. N., Akarawita, A. S. K., Fernando, W. B. N. P. I., **De Silva, B. S. S.**, Kumari, E. A. R. D. (2017). Reasons influencing irregular attendance of clinic appointments among diabetic patients. National Health Research Symposium 2017, Ministry of Health, Nutrition and Indigenous Medicine.

- Aththiligoda, V. G. A. A., Kumara, H. T. R., Wijesinghe, W. A. N. M., Chamari, A. D., Senadheera, A. S. P. L. & **De Silva, B. S. S.** (2017). Factors related to the theory-practice gap among student nurses. 15th Open University Research Sessions. The Open University of Sri Lanka, ISSN: 2012-9912, 203-207.
- Premadasa, K. H. A. D., Malkanthi, M. G. S., Kumarage, K. D. S. U., Herath, H. M. S. P., & **De Silva, B. S. S.** (2017). Factors related to the readmission of patients with Schizophrenia. 10th International Research Conference, General Sir John Kotelawala Defense University, Sri Lanka, 51.
- Dissanayaka, D. M. T., Amaradasa, Y. S., Herath, H. M. S. P., & **De Silva, B. S. S.** (2017). Factors related to anemia among under five years children in Monaragala District. The Scientific Sessions 2017; Faculty of Medical Sciences, University of Sri Jayawardhanapura, 85.
- Manike, P. A. D. P., Wetakepotha, W. G. S. M., Inoka, D. M., Mendis, S. A. C. S., Herath, H. M. S. P., & **De Silva, B. S. S.** (2017). Factors related to anemia among pregnant women in the Ampara District. The Scientific Sessions 2017; Faculty of Medical Sciences, University of Sri Jayawardhanapura, Pp.86.
- Kumarasinghe, A. P., Kumarasiri, S. D. L., Galahitiyawa, G. K., Rathnayaka, R. M. I. K. & Herath, H. M. S. P. & **De Silva, B. S. S.** (2017). Factors related to fluid overload among patients with end-stage renal disease undergoing hemodialysis. Annual Research Sessions 2017, Eastern University, Sri Lanka, Pp. 27.
- Shanthakumari, P. S., Dias, M. A. N. C., Tennakoon, R. K., Herath, H. M. S. P. & **De Silva, B. S. S.** (2017). Factors related to otitis media in children, Annual Research Sessions 2017, Eastern University, Sri Lanka, Pp 29.
- Umayangani, V. G. I., Weerasinghe, P. M., Mathangaweera, I. U., Gunasekara, C. S. W. & Herath, H. M. S. P. & **De Silva, B. S. S.** (2017). Risk factors related to the transmission of sexually transmitted diseases in the Hambantota District. Annual Research Sessions 2017, Eastern University, Sri Lanka, 30.
- Tharanga, T.G.C., Premawardana, V.D.C., Wickramasinghe, M.C.T., Fernando, V.A.S. & **De Silva, B. S. S.** (2017). Factors related to attempted suicide among young adults admitted in General Hospital, Matara. 15th Open University Research Sessions 2017, 234.
- Palihakkara, J. M., Kamari, E. V. P., Dilshani, A. D., Thushari, E. A. G., Herath H. M. S. P. & **De Silva, B. S. S.** (2017). Risk factors for acute lower respiratory tract infections in children: Mothers' perspective. 15th Open University Research Sessions 2017, 241.
- Lakmali, H. T. P., Dharmathilaka, A. W. D. S., Herath, H. M. S., Weerasekara, K. D. S. N., Rajakulasooriya, R. S. R. & **De Silva, B. S. S.** (2017). The reasons for delayed presentation of breast cancer: A descriptive study at the Teaching Hospital, Kandy. 15th Open University Research Sessions 2017, 181.
- Janarththany, V., Kalavani, R., Vijayakumar, T., Merin Devini, S. N., Herath, H. M. S. P. & **De Silva, B. S. S.** (2017). Factors related to poor attendance for PAP smear screening in Vavuniya. 15th Open University Research Sessions 2017, 255.

- Rathnasinghe, R.M.G.V., Jayawardena, K.L.C.M., Gunawardena, M.N.S., Nadeera, B.M. Herath, H.M.S.P., & **De Silva, B.S.S.** (2018) Mothers' experiences on children with hemophilia. Proceedings of International Nursing Congress 2018, University of Peradeniya, Sri Lanka.
- Premarathne, P.N.W.S.L.K., Samarakoon, S.M.W.N.K., Gallangoda, G.S.S., Senadheera, A.S.P.L., & **De Silva, B.S.S.** (2018). Mothers' experiences on normal vaginal delivery: A phenomenological study at Teaching Hospital, Peradeniya. Proceedings of International Nursing Congress 2018, University of Peradeniya, Sri Lanka.
- Sandamali, W.M.T. & **De Silva, B.S.S.** (2018). The effectiveness of Duloxetine compared with Pregabalin in painful diabetic peripheral neuropathy: A systematic review. Proceedings of International Nursing Congress 2018, University of Peradeniya, Sri Lanka.
- Thenabsdu, S. P., Bulathwatta, A. M., Dissanayake, R. M. S. K., Rathnayake, S. S., & De Silva, B. S. S. (2018). Factors related to blood donation among undergraduates of Faculty of Health Sciences, The Open University of Sri Lanka. 01st Biannual Academic sessions, Graduate Nurse Foundation of Sri Lanka.
- SamanKumari, L.D.M.I., Kalansooriya, K.A.U.S.U., Rathnayaka, K.D.T.K., Wijenayake, R.H., Thillainathan, K., & **De Silva, B.S.S.** (2018). End of life experiences of patients with cancer: A phenomenological study. International Critical Care Nursing Conference, Colombo, Sri Lanka.
- Dissanayake, D. M. C. D., Herath, H.M.S.S., Kumari, D.M.E.M., Kumari, M.I.M.D., Kumari, L.Y.S.S. & **De Silva, B.S.S.** (2018). Experiences of the patients with fourth stage breast cancer in Teaching Hospital, Anuradhapura. Proceedings of 1st Symposium of Faculty of Allied Health Sciences, University of Ruhuna, November 8th, 2018, p.12.
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- Shyamalee, H.M., Pushpakanthi, U.D.K., Neranji, M.W.N., Vithanarachchi, M.T., Hewabatage, P.N., & **De Silva, B.S.S.** (2018). Work-Related Factors for Low Back Pain Among Intensive Care Nurses. Proceedings of 1st Symposium of Faculty of Allied Health Sciences, University of Ruhuna, November 8th, 2018, p.57
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- Jayawardhana, T.K.G., Walakumburage, S.N., Anuradhi, G.K., Perera, W.T.N., Ranaweera, R.A.N.D. and **De Silva, B. S. S.** (2019). Breaking bad News to Parents: the Pediatric Nurses' Role in Sri Lanka. Oceanic Palliative Care Conference, Perth, Australia 2019. 10th September -13th September
- Shyamalee, K.G.A.A., Manike, R.M.W.C., Ahamed, M.Z.F., Senadheera, A.S.P.L., & **De Silva, B. S. S.** (2020). Knowledge, Attitudes and Practices regarding Healthcare Waste Management among Nurses in District General Hospital, Negombo. Graduate Nurses Foundation of Sri Lanka, 2nd Biennial Scientific Sessions, (p.40). Post Basic College of Nursing, Colombo. ISBN: 978- 624-5354-00-9.

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- Liyana Arachchi L. A. C. D., Sirithunga I. W. P., Muthugala M. N. S., & **De Silva B. S. S.** (2020). Sexual Life of Male Stroke Patients. Proceedings of the 3rd Research Symposium of the Faculty of Allied Health Sciences, University of Ruhuna, Galle, Sri Lanka. October 02, 2020. p.58. ISSN: 2659-2029.
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CONTRIBUTIONS AS A RESOURCE PERSON

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|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2011 | Chairperson and the Speaker - Guest Lecturer on 'Research Methodology' - Annual Academic Sessions (03 rd) of the Sri Lanka Infection Control Nurses Association. |
| 2011 | Participated as a resource person for the workshop on 'Pain Medicine for Nurses' organized by the College of Anesthesiologists of Sri Lanka |
| 2013 | Guest Lecturer on Professional Development. Workshop on 'New Trends in Nursing' at Teaching Hospital, Karapitiya, Sri Lanka |
| 2013 | Session Chair - Paediatric Nursing Pre- Congress (05 th) Scientific Sessions of the Sri Lankan College of Paediatricians. |
| 2013 | Presenting a free paper titled "An examination of animal bites among children in lady Ridgeway Hospital". Paediatric Nursing Pre- Congress (05 th) Scientific Sessions of the Sri Lankan College of Paediatricians |
| 2013 | Presenting free paper titled 'Cancer pain Management; Nurses Perspective' - Annual Research Symposium on Cancer – 2013, organized by National Cancer Control Programme, Ministry of Health and Sri Lanka Medical Association |

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- 2013 Guest Lecture on 'Introduction to Research Methodology' – National Infection Control Training Programme, Post Basic School, Colombo, Sri Lanka
- 2013 Guest Lecture on 'Role of Nursing Profession in Cancer Prevention and Control' – Training Programme on Cancer Prevention and Control for Teaching Staff of Nurses' Training Schools organized by National Cancer Control Programme, Ministry of Health, Sri Lanka.
- 2013 Guest Lecture on 'Professional Development' for the workshop for Nursing Officers in the National Hospital of Sri Lanka.
- 2013 Guest Lectures on 'Professional Development' for the series of workshops for Nursing Officers in the Colombo South Teaching Hospital, Sri Lanka.
- 2013 Participated as a resource person for the Consultative Meeting on Development of Guidelines on Palliative care for Primary Care, organized by the National Cancer Control Programme, Ministry of Health, Sri Lanka.
- 2013 Participated as a resource person for the Curriculum revision meeting 1, Nursing degree program, KAATSU International University.
- 2014 Participated as a resource person for the Symposium on 'Promotion of cancer research among nursing Community' organized by the National Cancer Control Programme, Ministry of Health, in collaboration with the Graduate Nurses Foundation of Sri Lanka.
- 2014 Participated as a resource person for the Curriculum revision meeting 11, Nursing degree program, KAATSU International University.
- 2014 Session Chair - Paediatric Nursing Pre-Congress of the the17th Annual Scientific Congress of the Sri Lankan College of Paediatricians.
- 2014 Guest Lecture on 'Professional Development of Nursing' for the workshop for Nursing Officers organized by Outpatient Department (OPD) at the National Hospital of Sri Lanka on 10th September 2014.
- 2014 Guest Lecture on 'Professional Development' for the workshop for Nursing Officers organized by Infection Control Unit at the National Hospital of Sri Lanka.
- 2015 Participated as a main organizer and resource person for the workshop on Research in Nursing for Nursing Officers in the Accident and Orthopedic Section, the National Hospital of Sri Lanka from 23rd – 27th February 2015.
- 2015 Guest Lecture on 'Introduction to Research Methodology' – National Infection Control Training Programme, Post Basic School, Colombo, Sri Lanka on 24th March 2015.

- 2015 Participated as a resource person for the Curriculum Revision of BSc in Nursing Programme, Unit of Allied Health Sciences, Faculty of Medicine, the University of Jaffna on 10th and 11th of June 2015.
- 2015 Guest Lecturer on ‘Professionalism and Ethics’ at the workshop on “Professional Ethics and Quality Assurance in Transfusion Medicine” organized by National Blood Transfusion Service Sri Lanka on 15th and 16th September 2015.
- 2016 Guest Lecturer on ‘Basic Steps in Research’ at the workshop on ‘Inspire the Medical Laboratory Science with Applied Research’ organized by Sri Lanka Society for Medical Laboratory Science, on 14th March 2016.
- 2016 Guest Lecture on ‘Professional Development and Future opportunities in Nursing’ for the workshop for Nursing Officers organized by Medical Section, of the National Hospital of Sri Lanka on 05th April 2016.
- 2016 Guest Lectures on ‘Professional Development’ and ‘Introduction to Research Methodology’ for the Liaison Nurses Training Programme for Nursing Officers organized by Infection Control Unit at the National Hospital of Sri Lanka from 09th to 13th May 2016 and 05th to 09th September 2016.
- 2016 Guest Lectures on ‘Professional Development’ and ‘Introduction to Research Methodology’ for the National Infection Control Programme for Island Wide Nursing Officers Held at Post Basic Collage of Nursing, Colombo, organized by Ministry of Health, Sri Lanka from 19th September 2016 to 01st October 2016
- 2016 Participated as a resource person for the Workshop on “Development in Nursing Standards” at the De Soyza Maternity Hospital, Organized by Ministry of Health, 21st September 2016.
- 2016 Participated as a resource person for the Discussion on “Establishment of the Community Health Nursing” at the Ministry of Health on 21st September 2016.
- 2016 Participated as a resource person for the Discussion on “Establishment of the Post of Public Health Nursing Officer” at the Ministry of Health on 11th October 2016.
- 2017 Participated as a resource person for the Stakeholder meeting to discuss Palliative Care in Sri Lanka, organized by Sri Lanka Medical Association on 28th February 2017.
- 2017 Guest Lecturer on ‘Introduction to Nursing Research’ at the In-Service Training Programme for Nursing Officers at the National Institute of Mental Health on 18th July 2017.
- 2017 Guest Lecturer on ‘Trends and Issues in Nursing’ – Educational program for Nurses at the Base Hospital, Panadura on 23rd October 2017.

- 2018 Member of the Panel of Judges – Oral Presentations, International Scientific Session on Nursing Research, 11th May 2018 - KAATSU International University.
- 2018 Guest Lecturer on ‘Institutional Nurses’ Day Celebration - 2018’ at the Colombo South Teaching Hospital on 14th May 2018.
- 2018 Member of the Panel of Judges – Poster Presentations, International Mental Health Nursing Conference, 19th to 21st July 2018 – National Institute of Mental Health, Sri Lanka.
- 2018 Guest Lecturer on ‘Principles of Nursing Management and Shearing Experiences’ at the Colombo South Teaching Hospital, Organized by Ministry of Health for Special Grade Nursing Officers from all the hospitals in Sri Lanka on 14th August 2018.

WORKSHOPS/CONFERENCES ATTENDED

- 1999 Workshop on ‘Pain Management for Nurses’ organized by the Ministry of Health, Sri Lanka
- 2003 Training course on ‘Management Practices’ from Sri Lanka Institute of Development Administration (SIDA).
- 2006 Workshop on ‘Research and Survey Methodology’ Organized by National Institute of Business Management (NIBM).
- 2007 Workshop on ‘Introduction to NVivo’ organized by QSR International, Melbourne, Australia.
- 2011 One Week Training Programme on ‘Developing Research Competencies’ Higher Education for 21st Century (HETC) Project, Ministry of Higher Education, Sri Lanka.
- 2011 Workshop on Strengthening Community Based Palliative Care in Sri Lanka
- 2011 Workshop on Excellence in Nursing Leadership – Commonwealth Nurses Federation in collaboration with the Sri Lankan Nurses Association.
- 2012 Commemoration of World Palliative Care Day 2012 – An Advocacy Programme organized by National Cancer Control Programme, Ministry of Health and Sri Lanka Medical Association
- 2013 Paediatric Nursing Pre- Congress (05th) Scientific Sessions of the Sri Lankan College of Paediatricians – presenting a free paper titled “An examination of animal bites among children in lady Ridgeway Hospital”.
- 2013 Workshop on ‘Standardizing the Practice of Nursing’ Organized by Sri Lanka Nurses Association (SLNA) and International Council of Nursing (ICN).
- 2013 Workshop on ‘Open Educational Resources’ in the Open University of Sri Lanka organized by the Commonwealth of Learning.

- 2014 Workshop on ‘Reviewing Research Articles: Are We Doing it Right?’ – National Science and Technology Commission in Sri Lanka
- 2014 Attended the workshop on ‘A journey to PhD- How do I get one?’ conducted by the University of Colombo in collaboration with Queensland University of Technology (QUT), Brisbane, Australia
- 2014 Master Trainer Programme to Enhance Palliative Care Capacity and Leadership in Sri Lanka – Module I – Conducted by the Asia Pacific Hospice Palliative Care Network as part of the Lien Collaborative for Palliative Care of Singapore in collaboration with the National Cancer Institute and the National Cancer Control Programme of Ministry of Health in Sri Lanka (24th – 28th March 2014)
- 2014 Certificate Course on Community Based Palliative Care for Medical Officers and Nursing Officers in Sri Lanka conducted by the National Cancer Control Programme of Ministry of Health in Sri Lanka on 14th and 15th July 2014.
- 2014 Workshop on ‘Introduction to Qualitative Health Research’ conducted by the Faculty of Medical Sciences, University of Sri Jayewardenepura.
- 2014 Master Trainer Programme to Enhance Palliative Care Capacity and Leadership in Sri Lanka – Module II – Conducted by the Asia Pacific Hospice Palliative Care Network as part of the Lien Collaborative for Palliative Care of Singapore in collaboration with the National Cancer Institute and the National Cancer Control Programme of Ministry of Health in Sri Lanka (01st – 05th December 2014)
- 2015 Master Trainer Programme to Enhance Palliative Care Capacity and Leadership in Sri Lanka – Module III – Conducted by the Asia Pacific Hospice Palliative Care Network as part of the Lien Collaborative for Palliative Care of Singapore in collaboration with the National Cancer Institute and the National Cancer Control Programme of Ministry of Health in Sri Lanka (29th June to 03rd July 2015)
- 2015 Workshop on Palliative Care organized by Regional Association of palliative Care, Northern Province, Sri Lanka on 13th March 2015.
- 2015 Workshop on ‘Research Proposal Development’ organized by the National Center for Advanced Studies (NCAS) on 11th August 2015.
- 2015 Symposium on ‘Green Technology’ conducted by the Standing Committee on Postgraduate Studies and Research of the University Grants Commission (UGC) on 28th August 2015.
- 2015 One-day Seminar on ‘Consortium of Sri Lankan Academic Libraries (CONSAL)’ conducted by the Standing Committee on Libraries and Information Sciences of the University Grants Commission (UGC) on 11th December 2015.
- 2016 A two-day advanced training workshop on ‘OER Integration in e-Learning Materials on Research Methodology in Education’ Organized by Wawasan

- Open University, Penang, Malaysia under the ROER4D Project at the Open University of Sri Lanka on 07th and 08th January 2016.
- 2016 A Workshop on Vulnerability and Research Ethics conducted by Forum of Ethics Review Committees in Sri Lanka, organized by Sri Lanka Medical Association on 28th March 2016.
- 2017 6th Building the Collaborative Research Platform and Professional Training Workshop for Cancer Treatment, Hospice/Palliative Care and Bioethics in Southeast Asian Countries at Taipei, Taiwan from 09th October to 16th October 2017.
- 2018 A Pre-Congress Workshop conducted by the Sri Lanka Medical Association and the Institute for Research and Development on 'Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in Research, held on 25th July 2018.
- 2020 The training programme for new programme reviewers conducted by the Quality Assurance Council of the University Grants Commission on 16 June 2020

TEACHING EXPERIENCES

- 2006 Teaching assistance given for the undergraduate nursing courses in the Department of Health Sciences, the Open University of Sri Lanka.
- 2009 **Concepts in Nursing (NSU3104)**, BSc Nursing Programme, Department of Health Sciences, the Open University of Sri Lanka.
- One Month Teaching activities at Kristianstad University in **Sweden** as an Academic Member of the Nursing Degree Programme
- 2010 – Present **Research in Nursing/Research Methodology (NSU4101/MLU3146)**, BSc Nursing Programme and Bachelor of Medical Lab. Sciences Programme, in the Department of Health Sciences/ Department Medical Lab. Sciences/ Department of Nursing, the Open University of Sri Lanka.
- Senior Focus Elective (NSU4206)/ Research Project**, BSc Nursing Programme, Department of Health Sciences/Department of Nursing, the Open University of Sri Lanka.
- Palliative Care Nursing (NSU4107)** BSc Nursing Programme, Department of Nursing, the Open University of Sri Lanka.
- Conduct **Academic Writing Workshops** according to American Psychological Association Format (APA Style). All undergraduates, Department of Health Sciences, the Open University of Sri Lanka.
- Supervise a number of Undergraduate Nursing Research Studies of BSc Nursing degree students every year.

Conduct Aged care-related lectures for the short course of the Home-based care program, Department of Health Sciences, the Open University of Sri Lanka.

Guest/Visiting Lecturer and External Examiner for practical/oral examinations in the Nursing Degree Programme, University of Sri Jayewardenepura, Sri Lanka

2014

One-month teaching activities for MNSc and PhD. Students at the University of Turku, **Finland**, including lectures on Nursing education in Sri Lanka, Qualitative data analysis, The role of nursing theory in research, International perspective in nursing career and cancer pain management among Sri Lankan nurses.

TEACHING INTERESTS

- Introduction to Nursing Research,
- Research Methods,
- Evidence-Based Practice,
- Research Projects Supervision,
- Professional Development,
- Concepts in Nursing,
- Palliative Care,
- Cancer Pain Management,
- Aged Care,
- Academic Writing (APA Style)
- Presentation Skills... etc.